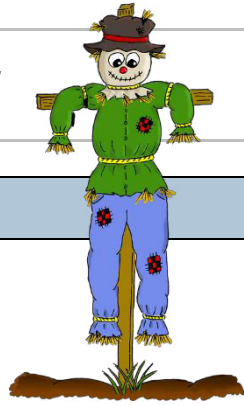


October



Supper Meal

2024

		Navy Bean 1	Chili 2	Beef & Noodle 3	Navy Bean 4	Tomato 5
		Swiss Steak w/ Tomatoes Garlic Mashed Potatoes Asparagus	Resident Choice Meal	Creamy Balsamic Pork Tenderloin Au Gratin Potatoes Steamed Carrots	Lemon Parmesan Salmon Rice Pilaf Skillet Zucchini & Mushrooms	Spaghetti Noodles & Bolognese Sauce Steamed Broccoli Garlic Bread
Cheddar Broccoli 6	Meaty Cabbage 7	Vegetable Beef 8	Cheddar Broccoli 9	Meaty Cabbage 10	Vegetable Beef 11	Tomato 12
Roast Beef w/ Gravy Roasted Potatoes, Carrots & Onions Squash Medley	Country Fried Steak Fresh Mashed Potatoes Country Gravy Buttered Peas	Roast Pork Scalloped Potatoes Cabbage w/ Bacon & Onion	Resident Choice Meal	Hamburger Hash Green Beans Dinner Roll	Lemon Baked Fish Buttered Rice Steamed Vegetables	Beef Stroganoff over Noodles Steamed Broccoli Dinner Roll
Lasagna 13	Taco 14	Stuffed Pepper 15	Lasagna 16	Taco 17	Stuffed Pepper 18	Tomato 19
Baked Ham Hashbrown Casserole Brussel Sprouts	Chicken Alfredo Lasagna Mandarin Spinach Salad w/ Almonds Garlic Bread	Meatloaf Mashed Potatoes w/ Gravy Garlicky Green Beans	Resident Choice Meal	Lemon Pepper Chicken w/ Asparagus Lemon Ricotta Spaghetti	Shrimp & Chips Creamy Coleslaw	Garlic Butter Steak Bites Smashed Potatoes Seasoned Greens
Vegetable 20	Chicken Noodle 21	Potato & Ham 22	Vegetable 23	Chicken Noodle 24	Potato & Ham 25	Tomato 26
Fried Chicken Crunchy Onion Mashed Potatoes Bacon, Tomato, Cucumber Salad	Beef Pot Roast Roasted Potatoes, Carrots & Onions	Open Face Turkey Sandwich Herb Stuffing Crumb Topped Brussel Sprouts	Resident Choice Meal	Ham Stuffed Baked Potato Clam Chowder Garlic Bread	Oven Fried Fish Bacon Mac & Cheese Seasoned Greens	Beef Fried Rice Vegetable Blend Crab Rangoon
Chili 27	Beef & Noodle 28	Navy Bean 29	Chili 30	Beef & Noodle 31		
Cranberry Glazed Pork Roast Baked Sweet Potato Parslied Cauliflower	Grilled Caprese Chicken Cheesy Bacon Potatoes Green Beans	Swiss Steak w/ Tomatoes Garlic Mashed Potatoes Asparagus	Resident Choice Meal	Creamy Balsamic Pork Tenderloin Au Gratin Potatoes Steamed Carrots		