



# KINSHIP POINTE

## *Northridge*

5410 17th Avenue • Kearney, NE 68845 • (308) 698-5410

### Executive Team

#### Executive Director

Janet Graham

#### Office Manager

JoLynn Kugler

#### Sales & Marketing Director

Steve Andrews

#### Health & Wellness Director

Wendy Georgiana

#### Assisted Living Coordinator

Staci Gleason

#### Home Health Coordinator

Marlyce Gordier

#### Dietary Director

Brenda Garrelts

#### Activity Director

Monica J. Richard

#### Maintenance Director

Shawn Munster



### Brainteaser

Q: I'm as hard as stone and clear as a diamond. Seek me out while the sun's near the horizon. Though you can walk on water with my power, if you try to keep me, I'll vanish in an hour. What am I?

## February 2024

### Take a Leap

2024 is a leap year, when February has an extra day. Take inspiration from Leap Day on Feb. 29 to "take a leap" and try something new in your life, such as taking an art class or an exercise class. Visit friends and join a card game.

### MOVIE OF THE MONTH

The first film to sweep the Oscars, winning all five major categories (best picture, director, actor, actress and screenplay), "It Happened One Night" premiered in February 1934. Celebrate the movie's 90th birthday with a screening of the romantic comedy starring Clark Gable and Claudette Colbert.



### HISTORY CORNER: John Glenn's Famous Spin

Amidst the height of the Cold War and the space race, astronaut John Glenn circled the Earth three times aboard Friendship 7 on Feb. 20, 1962. The automatic-control system malfunctioned during his first orbit, forcing him to operate in manual mode for the following two orbits and upon re-entry. Americans held their breaths as they waited to see if Glenn would touch back down safely. Fortunately, Glenn made a secure landing 800 miles southeast of Cape Canaveral, Fla., becoming a national hero and the first American to orbit the Earth.



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### Social Visits With Family And Friends

If family members are interested in enjoying time with their loved ones during an activity social, please let the front desk know so we can make accommodations for all.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>All Events Are Subject to Change</div>				<div>1</div> <div>9:30 <b>WS</b> Community Worship Service in the Chapel</div> <div>10:30 <b>RR</b> Exercise</div> <div>1:00 Walmart</div> <div>3:00 <b>CH</b> Men's Club</div>	<div>2</div> <div>Groundhog Day</div> <div>9:45 <b>SR</b> First Friday Ladies' Coffee</div> <div>10:00 <b>WS</b> Catholic Communion Service</div> <div>10:30 <b>RR</b> Exercise</div> <div>2:00 <b>RR</b> Pitch for Fun</div>	<div>3</div> <div>10:30 <b>WS</b> Rosary Group Meets in the Chapel</div> <div>1:30 <b>CR</b> Individual Art Projects</div> <div>1:30 <b>AR</b> Individual Art Projects</div> <div>2:00 <b>C</b> Coffee Time</div> <div>6:00 <b>RR</b> BINGO</div>
<div>4</div> <div>9:30 <b>WS</b> Catholic Communion Service (Chapel)</div> <div>1:30 <b>AR</b> Individual Art Projects</div> <div>3:00 <b>RR</b> Card Bingo</div> <div>5:00 Hymns Sing-Along with Grace in the Front Lobby</div>	<div>5</div> <div>9:30 <b>RR</b> Cardio Drumming</div> <div>10:30 <b>RR</b> Exercise</div> <div>1:00 <b>HH</b> Miracle Ear is here today</div> <div>1:30 <b>RR</b> Brain Games</div> <div>2:15 <b>CH</b> Pop &amp; Popcorn Social</div> <div>4:00 Gayle Taubenheim will be playing the Piano in the Front Lobby for your enjoyment</div>	<div>6</div> <div>9:15 Dynamic Stretching (Assisted Living Only)</div> <div>10:00 <b>SR</b> Men's Coffee</div> <div>10:30 <b>RR</b> Exercise</div> <div>1:30 <b>GR</b> Wii Bowling</div> <div>3:00 <b>C</b> Coffee with Friends</div>	<div>7</div> <div>9:15 <b>FD</b> Bible Study</div> <div>10:30 <b>RR</b> Exercise</div> <div>1:30 <b>RR</b> Health Talk - For our Residents on various Health Topics</div> <div>2:00 <b>RR</b> Resident Council Meeting - For All Residents</div> <div>2:30 <b>RR</b> Play LCR - Left Center Right</div>	<div>8</div> <div>9:30 <b>WS</b> Community Worship Service in the Chapel</div> <div>10:30 <b>RR</b> Exercise</div> <div>1:00 Walmart</div> <div>2:00 <b>WS</b> Missouri Synod Lutheran Church service and communion</div> <div>3:00 <b>CH</b> Men's Club</div>	<div>9</div> <div>10:30 <b>RR</b> Exercise</div> <div>2:00 <b>RR</b> Pitch for Fun</div>	<div>10</div> <div>10:30 <b>WS</b> Rosary Group Meets in the Chapel</div> <div>1:30 <b>CR</b> Individual Art Projects</div> <div>1:30 <b>AR</b> Individual Art Projects</div> <div>2:00 <b>C</b> Coffee Time</div> <div>6:00 <b>RR</b> BINGO</div>
<div>11</div> <div>Super Bowl Sunday</div> <div>9:30 <b>WS</b> Catholic Communion Service (Chapel)</div> <div>1:30 <b>AR</b> Individual Art Projects</div> <div>3:00 <b>RR</b> Card Bingo</div> <div>5:00 Hymns Sing-Along with Grace in the Front Lobby</div>	<div>12</div> <div>9:30 <b>RR</b> Cardio Drumming</div> <div>10:30 <b>RR</b> Exercise</div> <div>2:00 <b>RR</b> Entertainers Simmons &amp; May</div> <div>6:00 <b>RR</b> UNK Ladies Basketball Team - BINGO!!!</div>	<div>13</div> <div>Fat Tuesday (Mardi Gras)</div> <div>9:15 Dynamic Stretching (Assisted Living Only)</div> <div>10:00 <b>SR</b> Men's Coffee</div> <div>10:30 <b>RR</b> Exercise</div> <div>2:00 <b>RR</b> Food Demonstration w/ Kaiti from Hy-Vee</div> <div>2:30 <b>L</b> Book Club</div>	<div>14</div> <div>Ash Wednesday</div> <div>9:15 <b>FD</b> Bible Study</div> <div>10:30 <b>RR</b> Exercise</div> <div>2:00 <b>CH</b> Valentine's Day Bingo</div> <div>3:00 <b>C</b> Coffee with Friends</div>	<div>15</div> <div>9:30 <b>WS</b> Community Worship Service</div> <div>10:30 <b>RR</b> Exercise</div> <div>1:00 <b>T</b> Movie Of The Month</div> <div>1:00 Walmart</div> <div>3:00 <b>CH</b> Men's Club</div>	<div>16</div> <div>9:00 Breakfast Club</div> <div>2:00 <b>RR</b> Pitch for Fun</div> <div>3:00 <b>CH</b> Friday Happy Hour</div>	<div>17</div> <div>10:30 <b>WS</b> Rosary Group Meets in the Chapel</div> <div>1:30 <b>CR</b> Individual Art Projects</div> <div>1:30 <b>AR</b> Individual Art Projects</div> <div>2:00 <b>C</b> Coffee Time</div> <div>6:00 <b>RR</b> BINGO</div>
<div>18</div> <div>9:30 <b>WS</b> Catholic Communion Service (Chapel)</div> <div>1:30 <b>AR</b> Individual Art Projects</div> <div>3:00 <b>RR</b> Card Bingo</div> <div>5:00 Hymns Sing-Along with Grace in the Front Lobby</div>	<div>19</div> <div>Presidents Day</div> <div>9:30 <b>RR</b> Cardio Drumming</div> <div>10:30 <b>RR</b> Exercise</div> <div>2:00 <b>CH</b> Margarita Monday</div> <div>4:00 Gayle Taubenheim will be playing the Piano in the Front Lobby for your enjoyment</div>	<div>20</div> <div>9:15 Dynamic Stretching (Assisted Living Only)</div> <div>10:00 <b>SR</b> Men's Coffee</div> <div>10:30 <b>RR</b> Exercise</div> <div>2:00 <b>RR</b> Entertainer Kristina Craig</div> <div>3:00 <b>C</b> Coffee and Conversation</div>	<div>21</div> <div>9:15 <b>FD</b> Bible Study</div> <div>10:30 <b>RR</b> Exercise</div> <div>1:30 <b>CR</b> Card Creations with Judy Farber</div> <div>2:00 <b>CH</b> Pet Therapy will be here</div> <div>2:15 <b>HH</b> Blood Pressure Checks from 2:15pm to 2:45pm</div> <div>3:00 Chocolates and Conversation</div>	<div>22</div> <div>9:30 <b>WS</b> Community Worship Service</div> <div>10:30 <b>RR</b> Exercise</div> <div>1:00 Walmart</div> <div>2:00 <b>SR</b> Missouri Synod Lutheran Church</div> <div>3:00 <b>CH</b> Men's Club</div>	<div>23</div> <div>10:30 <b>RR</b> Exercise</div> <div>2:00 <b>RR</b> Pitch for Fun</div>	<div>24</div> <div>10:30 <b>WS</b> Rosary Group Meets in the Chapel</div> <div>1:30 <b>CR</b> Individual Art Projects</div> <div>1:30 <b>AR</b> Individual Art Projects</div> <div>2:00 <b>C</b> Coffee Time</div> <div>6:00 <b>RR</b> BINGO</div>
<div>25</div> <div>9:30 <b>WS</b> Catholic Communion Service (Chapel)</div> <div>1:30 <b>AR</b> Individual Art Projects</div> <div>3:00 <b>RR</b> Card Bingo</div> <div>5:00 Hymns Sing-Along with Grace in the Front Lobby</div>	<div>26</div> <div>9:30 <b>RR</b> Cardio Drumming</div> <div>10:30 <b>RR</b> Exercise</div> <div>2:00 <b>C</b> Happy Birthday Social</div>	<div>27</div> <div>9:15 Dynamic Stretching (Assisted Living Only)</div> <div>10:00 <b>SR</b> Men's Coffee</div> <div>10:30 <b>RR</b> Exercise</div> <div>2:00 <b>RR</b> Historian Nathan Tye will be here to talk about the History of Fort Kearny!</div> <div>3:00 <b>C</b> Coffee with Friends</div>	<div>28</div> <div>9:15 <b>FD</b> Bible Study</div> <div>10:30 <b>RR</b> Exercise</div> <div>2:30 <b>DR</b> Welcome Party for new Residents</div>	<div>29</div> <div>9:30 <b>WS</b> Community Worship Service in the Chapel</div> <div>10:30 <b>RR</b> Exercise</div> <div>1:00 Walmart</div> <div>1:30 <b>CR</b> Diane's Art Studio - Craft Painting</div> <div>3:00 <b>CH</b> Men's Club</div>		





WE HAD THE BEST TIME AT OUR RESIDENT  
BREAKFAST CLUB OUTING!!

