



# KINSHIP POINTE

## Seward

500 Heartland Park Drive • Seward, NE 68434 • (402) 643-6500



### KINSHIP POINTE SEWARD DEPARTMENT SUPERVISORS

*Executive Director*

*Jeanne Taylor*

*Business Office Director*

*Jackie Diederichs*

*Assistant Executive Director*

*Carla Thompson*

*Health & Wellness Director*

*Bonnie Skeens*

*Assistant Health & Wellness*

*Director*

*Nicole Wilson*

*Dietary Manager*

*Brittney Schweitzer*

*Maintenance Director*

*Jim Troyer*

*Activities Director*

*Rosellen Policky*

*Follow us on:*

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## January 2024



### Resident January Birthdays!

- Jan. 8 Sharon Meyer
- Jan. 11 Nona Anderson
- Jan. 11 Verna Neujahr
- Jan. 13 Joanne Adamek
- Jan. 26 Betty Klement
- Jan. 26 Ellen Knuth
- Jan. 29 Pat Bosak
- Jan. 29 Pat Seizys

### January Birthday Party

Thursday, Jan. 18, 2024

2:00

Independent Dining Room

Entertainment by "Just Us"

### Associate January Birthdays!

- Jan. 3 Gabriel Cobian
- Jan. 10 Krishantie Jones
- Jan. 17 Haley Schweitzer
- Jan. 22 Elena Ruiz
- Jan. 23 Jeanne Taylor
- Jan. 24 Mark Taylor
- Jan. 27 Elmer Zach



### CELEBRATING "RUBBER DUCKIES DAY!"

Thursday, January 11, 2024

*Special Dinner*

*Special Decorations*

*And whole lot of FUN!*



**NO MAIL ON  
JANUARY 15TH**

### "Stepping on" Exercise




This is an Exercise Program for 7 weeks with Simera Reynolds from D.H.H.S., Department of Health & Human Services. This will begin on Thursday, February 8, at 2:00 in the Activity Room, and continue every Thursday at 2:00 till March 21. These will be very educational.

### Banish Winter Blahs

Banish the winter blahs with a dose of natural light. When sunlight hits the eye's retina, it boosts the body's levels of serotonin, which balances your mood. If cold weather keeps you indoors, get some sun by opening up room blinds, and sit near windows whenever possible.

# January 2024

- Bingo
- TV Room
- Private Dining
- IL Dining Room
- Activity Room
- Coffee Shop
- Library
- Bus Trip

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><b>All Events Are Subject to Change</b></p>	<p><b>New Year's Day</b> 1</p> 	<p>2</p> <p>8:30 &amp; 9:15 Exercise  <b>10:00 Play UNO</b>  <b>10:30 Menu Chat with Brittney</b>                      1:30 Play Pitch                      2:00 Tasty Tuesday /Resolution Talk  <b>3:15 Play Farkle Game</b>                      3:30 Brainteasers                      6:00 <span style="color: red;">■</span> Cloy Stutzman Entertains</p>	<p>3</p> <p>8:30 &amp; 9:15 Exercise                      9:30 Downtown Seward &amp; Walmart   <b>9:30 Ladies' Bible Study with Diane Harre</b>                      10:00 Painting fingernails                      10:00 <span style="color: red;">■</span> Play Dominoes                      2:00 <span style="color: purple;">■</span> Coffee Social/ Bucket List  <b>2:00 Open Communion</b>  <b>2:30 <span style="color: purple;">■</span> Bingo</b></p>	<p>4</p> <p>8:30 &amp; 9:15 Exercise                      9:00 Catholic Communion  <b>10:00 Play Golf (A Card Game)</b>                      2:00 <span style="color: red;">■</span> Play the card game Nickels  <b>3:15 Play Farkle Game</b>                      4:00 Resident Council Meeting</p>	<p>5</p> <p>8:30 &amp; 9:15 Exercise  <b>8:30 Go to the Casino (Sign Up) </b>                      10:00 Bible Study with Ray Huebschman  <b>10:00 <span style="color: red;">■</span> Play Dominoes</b>                      1:30 Play Pitch                      1:30 <span style="color: red;">■</span> St. John's DVD &amp; TV Room                      3:30 Pray the Rosary                      6:15 <span style="color: red;">■</span> Popcorn &amp; Movie Night (Bringing Back the Oldies)</p>	<p>6</p> <p>9:00 Word Search Papers on Tables in Exercise Room &amp; in IL Dining                      10:00 <span style="color: red;">■</span> Nicodemus, Comfort Dog  <b>10:00 Recycle Cards</b>                      1:30 Play Cards                      2:00 <span style="color: purple;">■</span> Play Golf (A Card Game)  <b>3:30 <span style="color: red;">■</span> Methodist Service DVD</b></p>	
	<p>7</p> <p>9:00 Mass on Channel 8                      10:00 Lutheran Hour on Channel 8                      1:30 Play Pitch                      2:00 <span style="color: purple;">■</span> Play Kings in the Corner  <b>2:30 <span style="color: red;">■</span> Hymn Sing with Edith Steinmiller</b>                      4:00 Walk the Halls &amp; Use the NuStep to Exercise Today!</p>	<p>8</p> <p>8:30 &amp; 9:15 Exercise                      9:30 Trip to Walmart                       10:00 Painting Fingernails  <b>10:30 Play Left, Right, Center</b>                      1:00 Playing Poker  <b>2:30 <span style="color: red;">■</span> Bingo</b>                      6:30 <span style="color: red;">■</span> Play Scrabble</p>	<p>9</p> <p>8:30 &amp; 9:15 Exercise  <b>10:00 Play UNO</b>                      1:30 Play Pitch  <b>2:00 <span style="color: red;">■</span> Health Talk with Bonnie</b>  <b>3:15 Play Farkle Game</b>                      3:30 Brainteasers</p>	<p>10</p> <p>8:30 &amp; 9:15 Exercise                      9:30 Downtown Seward   <b>9:30 Ladies' Bible Study with Diane Harre</b>                      10:00 <span style="color: red;">■</span> Play Dominoes                      1:30 Catholic Mass                      2:30 <span style="color: purple;">■</span> Welcome New Residents Social                      2:45 Bible Study with the Seminarians</p>	<p>11</p> <p><b>IT'S RUBBER DUCKIES DAY!</b>                      12:00 Find a green, blue, or purple Rubber Duckie around Kinship Pointe, win a prize!  <b>7:00 <span style="color: purple;">■</span> - 8:00 Waffle Breakfast</b>                      8:30 &amp; 9:15 Exercise                      9:00 Catholic Communion  <b>10:00 Play Golf (A Card Game)</b>                      2:30 <span style="color: purple;">■</span> Kings in the Corner  <b>3:15 Play Farkle Game</b></p>	<p>12</p> <p>8:30 &amp; 9:15 Exercise                      10:00 Bible Study with Ray Huebschman  <b>10:00 <span style="color: red;">■</span> Play Dominoes</b>                      1:30 Play Pitch                      1:30 <span style="color: red;">■</span> St. John's DVD &amp; TV Room  <b>2:30 <span style="color: purple;">■</span> to 3:30 Happy Hour</b>                      3:30 Pray the Rosary</p>	<p>13</p> <p>9:00 Word Search Papers on Tables in Exercise Room &amp; in IL Dining                      10:00 <span style="color: red;">■</span> Nicodemus, Comfort Dog                      10:00 Recycle Cards                      1:30 Play Cards                      2:00 <span style="color: purple;">■</span> Play Golf (A Card Game)  <b>2:30 <span style="color: red;">■</span> Our Redeemer Lutheran Church Service by Pastor Shawn Kitzing</b>  <b>3:30 <span style="color: red;">■</span> Methodist Service DVD</b></p>
	<p>14</p> <p>9:00 Mass on Channel 8                      10:00 Lutheran Hour on Channel 8                      1:30 Play Pitch                      2:00 <span style="color: purple;">■</span> Play Kings in the Corner  <b>2:30 <span style="color: red;">■</span> Hymn Sing with Edith Steinmiller</b>                      4:00 Walk the Halls &amp; Use the NuStep to Exercise Today!</p>	<p>15</p> <p><b>Martin Luther King Jr. Day</b>                      8:30 &amp; 9:15 Exercise                      9:30 Trip to Walmart                       10:00 Painting Fingernails  <b>10:30 Play Left, Right, Center</b>                      10:30 <span style="color: purple;">■</span> Read &amp; Review                      2:00 <span style="color: red;">■</span> Marble Music Students  <b>2:30 <span style="color: red;">■</span> Bingo</b>                      6:30 <span style="color: red;">■</span> Play Scrabble</p>	<p>16</p> <p>8:30 &amp; 9:15 Exercise  <b>10:00 Play UNO</b>                      1:30 Play Pitch  <b>2:15 <span style="color: red;">■</span> Associate Meeting</b>  <b>3:15 Play Farkle Game</b>                      3:30 Brainteasers  <b>4:30 Eat out at Perkins </b>                      7:00 Alzheimer's Caregiver Meeting</p>	<p>17</p> <p>8:30 &amp; 9:15 Exercise                      9:30 Downtown Seward   <b>9:30 Ladies' Bible Study with Diane Harre</b>                      10:00 <span style="color: red;">■</span> Play Dominoes                      2:00 Play Farkle Game  <b>2:00 <span style="color: red;">■</span> Sing - a - long with Cliff</b>                      2:45 Bible Study with the Seminarians</p>	<p>18</p> <p>8:30 &amp; 9:15 Exercise                      9:00 Catholic Communion  <b>10:00 Play Golf (A Card Game)</b>                      2:00 <span style="color: purple;">■</span> January Birthday Party/ Just Us                      2:30 <span style="color: purple;">■</span> Kings in the Corner  <b>3:15 Play Farkle Game</b></p>	<p>19</p> <p>8:30 &amp; 9:15 Exercise                      10:00 Bible Study with Ray Huebschman  <b>10:00 <span style="color: red;">■</span> Play Dominoes</b>                      1:30 Play Pitch                      1:30 <span style="color: red;">■</span> St. John's DVD &amp; TV Room                      3:30 Pray the Rosary                      6:15 <span style="color: red;">■</span> Popcorn &amp; Movie Night (Bringing Back the Oldies)</p>	<p>20</p> <p>9:00 Word Search Papers on Tables in Exercise Room &amp; in IL Dining                      10:00 <span style="color: red;">■</span> Nicodemus, Comfort Dog  <b>10:00 Recycle Cards</b>                      1:30 Play Cards                      2:00 <span style="color: purple;">■</span> Play Golf (A Card Game)  <b>3:30 <span style="color: red;">■</span> Methodist Service DVD</b></p>
	<p>21</p> <p>9:00 Mass on Channel 8                      10:00 Lutheran Hour on Channel 8                      1:30 Play Pitch                      2:00 <span style="color: purple;">■</span> Play Kings in the Corner  <b>2:30 <span style="color: red;">■</span> Hymn Sing with Edith Steinmiller</b>                      4:00 Walk the Halls &amp; Use the NuStep to Exercise Today!</p>	<p>22</p> <p>8:30 &amp; 9:15 Exercise                      9:30 Trip to Walmart                       10:00 Painting Fingernails  <b>10:30 Play Left, Right, Center</b>                      1:00 Playing Poker  <b>2:30 <span style="color: red;">■</span> Bingo</b>  <b>5:30 <span style="color: red;">■</span> Seward County Uku - Ladies</b>                      6:30 <span style="color: red;">■</span> Play Scrabble</p>	<p>23</p> <p><b>7:00 <span style="color: purple;">■</span> to 8:00 Pancake Breakfast</b>                      8:30 &amp; 9:15 Exercise  <b>10:00 Play UNO</b>                      1:30 <span style="color: purple;">■</span> Lorna's Bridge Club                      1:30 Play Pitch                      2:30 <span style="color: purple;">■</span> St. John's Communion  <b>3:15 Play Farkle Game</b>                      3:30 Brainteasers</p>	<p>24</p> <p>8:30 &amp; 9:15 Exercise                      9:30 Downtown Seward   <b>9:30 Ladies' Bible Study with Diane Harre</b>                      10:00 <span style="color: red;">■</span> Play Dominoes                      2:00 Play Farkle Game                      2:45 Bible Study with the Seminarians                      3:00 <span style="color: red;">■</span> Bill Phillips Entertains</p>	<p>25</p> <p>8:30 &amp; 9:15 Exercise                      9:00 Catholic Communion  <b>10:00 Play Golf (A Card Game)</b>                      10:45 NO -Senior Center / Potato Bake (Till Notified)                       1:30 <span style="color: purple;">■</span> Lorna's Bridge Club                      2:00 <span style="color: purple;">■</span> St. John's 4th grade entertains  <b>3:15 Play Farkle Game</b></p>	<p>26</p> <p>8:30 &amp; 9:15 Exercise                      10:00 Bible Study with Ray Huebschman  <b>10:00 <span style="color: red;">■</span> Play Dominoes</b>                      1:30 <span style="color: red;">■</span> Heidi Beran a Harpist                      1:30 Play Pitch                      3:30 Pray the Rosary</p>	<p>27</p> <p>9:00 Word Search Papers on Tables in Exercise Room &amp; in IL Dining                      10:00 <span style="color: red;">■</span> Nicodemus, Comfort Dog                      1:30 Play Cards                      2:00 <span style="color: purple;">■</span> Play Golf (A Card Game)  <b>3:30 <span style="color: red;">■</span> Methodist Service DVD</b></p>
	<p>28</p> <p>9:00 Mass on Channel 8                      10:00 Lutheran Hour on Channel 8                      1:30 Play Pitch                      2:00 <span style="color: purple;">■</span> Play Kings in the Corner  <b>2:30 <span style="color: red;">■</span> Hymn Sing with Edith Steinmiller</b>                      4:00 Walk the Halls &amp; Use the NuStep to Exercise Today!</p>	<p>29</p> <p>8:30 &amp; 9:15 Exercise                      9:30 Trip to Walmart                       10:00 Painting Fingernails  <b>10:30 Play Left, Right, Center</b>  <b>2:30 <span style="color: red;">■</span> Bingo</b>                      6:30 <span style="color: red;">■</span> Play Scrabble</p>	<p>30</p> <p>8:30 &amp; 9:15 Exercise  <b>10:00 Play UNO</b>                      1:30 Play Pitch                      2:00 Spotlight Chef with Brittney  <b>3:15 Play Farkle Game</b>                      3:30 Brainteasers</p>	<p>31</p> <p>8:30 &amp; 9:15 Exercise                      9:30 Downtown Seward   <b>9:30 Ladies' Bible Study with Diane Harre</b>                      10:00 <span style="color: red;">■</span> Play Dominoes                      2:00 Play Farkle Game                      2:45 Bible Study with the Seminarians</p>	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  <p><b>Religious FREEDOM DAY</b></p> </div> <div style="text-align: center;">  <p><i>I have a dream...</i></p> </div> </div>		<p><b>Souper Bowl Challenge February 8, 2024</b>                      Staff will prepare different soups for Residents to vote on. Who will be the "SOUPER BOWL WINNER?"</p>



**Recycled Cards**

*Every other Saturday, residents get together in the Private Dining Room to recycle cards. Many enjoy reading the cards and looking at the pretty fronts. We recycle birthday, sympathy, & anniversary cards. Once the cards are reconstructed, we add a new envelope & it is ready for someone to purchase. We sell them for \$.25 in the front office.*

**Spirit Week - Jan. 1 - 5**  
Tasty Tuesday, Jan. 2 - At 2:00 Rosellen will make a treat to share while we discuss our New Year's Resolutions!  
Wednesday, Jan. 3 - 2:00 Coffee Social "What's on Your Bucket List" in IL Dining Room, 2:30, we'll play BINGO  
Thursday, Jan. 4 - Join Rosellen at 2:00, in the TV Room to bring back a game we used to play, it will be new to some, the card game 'Nickels.'  
Friday, Jan. 5 - Dress to Impress. Wear something you got for a Christmas gift!



**GAME DAY AFTERNOON!**

Wednesday, Jan. 31, at 2:00, join us in the Independent Dining Room to play games and get to know each other with Residents, Managers, & Associates.



**"This Month In History"**  
**JANUARY**

- 1906:** "M'm! M'm! Good!" Campbell Soup Company registers a trademark for the red and white label design of its canned soups.
- 1927:** Outside Chicago, the Harlem Globetrotters exhibition basketball team plays its first game.
- 1949:** Honoring the new medium of television, the first Emmy Awards are presented at a ceremony in Hollywood.
- 1959:** The jet age takes off as American Airlines begins the first cross-country jet service. Passengers could fly between Los Angeles and New York City in about five hours.

- 1961:** John F. Kennedy becomes the first U.S. president to hold a live televised news conference.
- 1977:** When a cold front barrels across Florida, snow falls for the first—and only—time in the city of Miami.
- 1980:** American Mary Decker becomes the first woman to run a mile in under 4.5 minutes.
- 1991:** The Persian Gulf War begins when the U.S. launches Operation Desert Storm.
- 2002:** Twelve countries in the European Union officially change their currencies to the new euro.
- 2010:** At 2,717 feet, the Burj Khalifa skyscraper in Dubai, United Arab Emirates, opens as the world's tallest building.
- 2019:** Missy Elliott makes music history as the first female rapper inducted into the Songwriters Hall of Fame.