

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Soup Entrée Choice 1 Side Side Entrée Choice 2 Side Side					Tomato Basil Shrimp Fried Rice Normandy Veggies Lasagna Peas	
Beef & Noodle 2 Herbed Pork Loin Macaroni & Cheese Warm Spiced Beets Chicken Parmesan Spaghetti Noodles Creamed Spinach	Vegetable Beef 3 Tender Roast Beef Scalloped Potatoes Glazed Carrots Rope Sausage Glazed Turnips Green Beans	French Onion 4 Lemon Roasted Chicken Breast Sweet Potato Bites Broccoli w/ Cheese Grilled Salmon Potato Wedges Squash w/ Brown Sugar	Creamy Cheddar 5 Resident Choice Meal	Homemade Potato 6 Beef Tips & Gravy Over Noodles Asparagus Chicken Tenders Mashed Potatoes w/ Gravy Carrots	Tomato Basil 7 Southern Catfish Filet Fried Corn Nuggets Hushpuppies Parmesan Crusted Pork Chop Hashbrown Patty Steamed Broccoli	Chicken Tortellini 8 Country Fried Steak Mashed Potatoes w/ Country Gravy Country Sausage Gravy on Biscuit Fried Potatoes & Onions
Minestrone 9 Roast Turkey Sweet Potato Casserole Broccoli Hamburger Steak Mashed Potatoes & Gravy Asparagus	Egg Drop 10 Pork Chop Diane Squash Cheese Nuggets Philly Beef Sandwich w/ Peppers Sweet Potato Fries	Cheese 11 Parmesan Meatball Bake Italian Veggie Blend Garlic Toast Oven Fried Chicken Mashed Potatoes w/ Gravy Corn	Vegetable Beef 12 Resident Choice Meal	Chicken Noodle 13 Parmesan Crusted Chicken Macaroni & Chicken Green Beans Glazed Meatloaf Baked Potato Creamed Corn	Tomato Basil 14 Grilled Salmon Creamed Peas & Potatoes Cornbread Chicken & Dumplings French Green Beans	Corn Chowder 15 Baked Ham Creamy Sweet Potatoes Cauliflower Au Gratin Sloppy Joe on Bun Tater Tots Creamed Corn
Chicken & Rice 16 Roast Beef Mashed Potatoes & Gravy Harvard Beets BBQ Ribs Fried Potatoes & Onions Baked Beans	Cooks Choice 17 Swiss Chicken Breast Steamed Rice Parslied Carrots Fresh Baked Bread Salisbury Steak w/Gravy Buttered Noodles Spinach	Baked Potato 18 Grilled Steak Sweet Potatoes Green Bean Casserole Baked Pork Chop Bread Dressing w/ Gravy Wax Beans	Vegetable 19 Resident Choice Meal	Turkey Vegetable 20 Fried Shrimp Breaded Onion Rings Steamed Cabbage Fresh Baked Bread Beef Minute Steak w/Mushroom Gravy Mashed Potatoes	Oyster Stew 21 Fish Fry Baked Potato Brussel Sprout Casserole Ham and Beans Fried Potatoes Spinach	Tomato Soup 22 Spinach Artichoke Chicken Cheese Nuggets Tomato Slices Meatloaf w/ Gravy Loaded Baked Potato Lima Beans
Ham & Bean 23 Fried Chicken Mashed Potatoes w/Gravy Roasted Carrots Rope Sausage Link Mac & Cheese Corn on the Cob	Chicken Dumpling 24 Spaghetti w/ Meat Sauce Broccoli Garlic Bread Baked Pork Chop Baked Potato Squash	Beef Noodle 25 Apple & Kraut Glazed Ribs Cheesy Hashbrown Green Beans Low Country Boil Tomato Slices Fresh Baked Bread	Loaded Potato 26 Resident Choice Meal	Cheese Soup 27 Marinated Pork Loin Fried Cabbage Mixed Vegetables Swedish Meatballs w/Cream Sauce Egg Noodles Spinach	Vegetable Beef 28 Beer Battered Tilapia Fried Potatoes & Onions Sweet Pepper Slaw Marinated Ribeye Steak French Fries Green Beans	Tomato Basil 29 Shrimp Fried Rice Normandy Veggies Garlic Bread Lasagna Peas
Beef & Noodle 30 Herbed Pork Loin Macaroni & Cheese Warm Spiced Beets Chicken Parmesan Spaghetti Noodles Creamed Spinach	Vegetable Beef 31 Tender Roast Beef Scalloped Potatoes Glazed Carrots Rope Sausage Glazed Turnips Green Beans					

• Meals may change based on product availability