



KINSHIP POINTE

Seward

500 Heartland Park Drive • Seward, NE 68434 • (402) 643-6500

KINSHIP POINTE SEWARD DEPARTMENT SUPERVISORS

Executive Director

Jeanne Taylor

Business Office Director

Jackie Diederichs

Assistant Executive Director

Carla Thompson

Health & Wellness Director

Briana Ford

Assistant Health & Wellness

Director

Nicole Wilson

Dietary Manager

Brittney Schweitzer

Maintenance Director

Jim Troyer

Activities Director

Rosellen Policky

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Resident Christmas, Cookie & Candy Social

Dec. 22, 2022

2:30 to 3:30

Independent dining room

Brittney & her staff, along with Rosellen will be making Holiday Treats for this event!

December 2022



December Birthdays

- Dec. 3 Doris Grothaus
- Dec. 4 Ruth Borchers
- Dec. 5 Doris Wiebe
- Dec. 13 Jeanne Jeary
- Dec. 13 Jane Varner
- Dec. 17 Jean Kolterman
- Dec. 27 Melvin Shipman

Associate December Birthdays!

- Dec. 9 Alli Griggs
- Dec. 17 Anna Lund
- Dec. 28 Joyce Krueger
- Dec. 29 Kylie Krivohlavek
- Dec. 31 Khail Miller

What's **NEW!** New?



We are excited to welcome back Jeanne Taylor as the Executive Director of Kinship Pointe. In 2014, Jeanne was our Director of Nursing. She left in 2019 to pursue other adventures. Now Jeanne is back because in Jeanne's words, "Kinship Pointe is Home!"



Doors & Ledges Contest

For Christmas, decorate your Doors or Ledges to add to the beauty of Kinship Pointe. Voting will begin on December 11, & end




December 18. Prizes will be given at our Christmas dinner on Wednesday, December 21.

OPEN HOUSE

Sunday, Dec. 11, 2022

2:00 to 3:00

Vote on the Doors & Ledges
Refreshments served in Library

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>All Events Are Subject to Change</p>				
<p>9:00 Mass on Channel 8 10:00 Lutheran Hour on Channel 8 11:00 TV Play Dominoes 1:30 Play Pitch 2:00 ■ Play Kings in the Corner 2:30 ■ Interdenominational Church Service 4:00 Walk the Halls & use the Nu-step to exercise today!</p>	<p>8:30 & 9:15 Exercise 9:30 Trip to Walmart 🚗 10:00 Painting fingernails 10:30 ■ Alzheimer's Awareness Coffee with Valerie from St. Croix 10:30 Play Left, Right, Center 2:30 ■ Bingo 6:30 ■ Play Scrabble</p>	<p>8:30 & 9:15 Exercise 10:00 Play UNO 10:30 Menu Chat with Brittney 1:30 Kinship LWML Bible Study 1:30 Play Pitch 2:30 ■ Play Kings in the Corner 3:15 Play Farkle game 3:30 Brainteasers</p>	<p>8:30 & 9:15 Exercise 9:30 Downtown Seward 🚗 9:30 Ladies' Bible Study with Diane Rare 10:00 TV Play Dominoes for IL & AL 2:00 Open Communion 2:00 Play Farkle game 3:45 TV Resident Council Meeting 6:00 TV Devotions with Ray & Wes</p>	<p>8:30 & 9:15 Exercise 9:00 Catholic Communion 10:00 Play Golf (A card game) 10:30 ■ A time for Music by Cliff 2:00 ■ Play Cribbage 2:30 ■ Kings in the Corner 3:15 Play Farkle game</p>	<p>8:30 & 9:15 Exercise 8:30 Go to the Casino (Sign up) 🚗 10:00 Bible Study with Ken Baldinger 10:30 TV Play Dominoes 1:30 Play Pitch 1:30 ■ St. John's DVD & TV room 3:30 Say the Rosary</p>	<p>9:00 Word Search Papers on tables in Exercise room & in IL dining 10:00 ■ Nicodemus, comfort dog 10:00 Recycle Cards 1:30 ■ Play Dominoes 2:30 Play cards 3:30 TV Methodist Service DVD</p>
<p>9:00 Mass on Channel 8 10:00 Lutheran Hour on Channel 8 11:00 TV Play Dominoes 1:30 Play Pitch 1:45 ■ Bolt, Therapy Dog, visiting 2:00 ■ Play Kings in the Corner 2:30 ■ Interdenominational Church Service 4:00 Walk the Halls & use the Nu-step to exercise today!</p>	<p>8:30 & 9:15 Exercise 9:30 Trip to Walmart 🚗 10:00 Painting fingernails 10:30 Play Left, Right, Center <i>1:30 Playing Poker in 20s Hallway</i> 2:30 ■ Bingo 5:00 Eat at Sparetime 6:30 ■ Play Scrabble</p>	<p>8:30 & 9:15 Exercise 10:00 Play UNO 1:30 Play Pitch 2:00 TV Health Talk with Briana 3:15 Play Farkle game 3:30 Brainteasers</p>	<p>8:30 & 9:15 Exercise 9:30 Downtown Seward 🚗 9:30 Ladies' Bible Study with Diane Rare 10:00 TV Play Dominoes for IL & AL 1:30 Catholic Mass 2:00 Play Farkle game 2:30 TV Sing-A-Long with Ellie 6:00 TV Devotions with Ray & Wes</p>	<p>Christmas Baking! 8:30 & 9:15 Exercise 10:00 Play Golf (A card game) <i>10:30 TV A time for Music by Cliff</i> 2:00 ■ Play Cribbage 2:00 Spotlight with Brittney 2:30 ■ Kings in the Corner 3:15 Play Farkle game</p>	<p>Christmas Baking! 8:30 & 9:15 Exercise 10:00 Bible Study with Ken Baldinger 10:30 TV Play Dominoes 1:30 Play Pitch 1:30 ■ St. John's DVD & TV room 3:30 Say the Rosary</p>	<p>9:00 Word Search Papers on tables in Exercise room & in IL dining 10:00 ■ Nicodemus, comfort dog 10:00 Recycle Cards 1:30 ■ Play Dominoes 2:30 Play cards 3:30 TV Methodist Service DVD</p>
<p>9:00 Mass on Channel 8 10:00 Lutheran Hour on Channel 8 11:00 TV Play Dominoes 1:30 Play Pitch 2:00 ■ Play Kings in the Corner 2:30 ■ Interdenominational Church Service 4:00 Walk the Halls & use the Nu-step to exercise today!</p>	<p>8:30 & 9:15 Exercise 9:30 Trip to Walmart 🚗 10:00 Painting fingernails 10:30 Play Left, Right, Center 10:30 ■ Read & Review 2:30 ■ Bingo 6:30 ■ Play Scrabble</p>	<p>8:30 & 9:15 Exercise 10:00 Play UNO 1:30 Play Pitch 2:00 ■ Paul Siebert entertains 3:15 Play Farkle game 3:30 Brainteasers</p>	<p>Christmas Dinner Today! 8:30 & 9:15 Exercise 9:30 Downtown Seward 🚗 9:30 Ladies' Bible Study with Diane Rare 10:00 TV Play Dominoes for IL & AL <i>1:00 Associate Meeting</i> 2:00 Play Farkle game 6:00 TV Devotions with Ray & Wes</p>	<p>8:30 & 9:15 Exercise 9:00 Catholic Communion 10:00 Play Golf (A card game) 1:30 ■ Lorna's Bridge Club 2:00 ■ Play Cribbage 2:30 ■ Kings in the Corner 2:30 ■ to 3:30 Christmas Cookie & Candy Social</p>	<p>8:30 & 9:15 Exercise 10:00 Bible Study with Ken Baldinger 10:30 TV Play Dominoes 1:30 Play Pitch 1:30 ■ St. John's DVD & TV room 2:30 ■ Play Kings in the Corner 3:30 Say the Rosary</p>	<p>9:00 Word Search Papers on tables in Exercise room & in IL dining 10:00 ■ Nicodemus, comfort dog 1:30 ■ Play Dominoes 2:30 Play cards 3:30 TV Methodist Service DVD</p>
<p>Christmas 9:00 Mass on Channel 8 10:00 Lutheran Hour on Channel 8 11:00 TV Play Dominoes 1:30 Play Pitch 1:45 ■ Bolt, Therapy Dog, visiting 2:00 ■ Play Kings in the Corner 2:30 ■ Interdenominational Church Service 4:00 Walk the Halls & use the Nu-step to exercise today!</p>	<p>Christmas (Observed) 8:30 & 9:15 Exercise 9:30 Trip to Walmart 🚗 10:00 Painting fingernails 10:30 Play Left, Right, Center <i>1:30 Playing Poker in 20s Hallway</i> 2:30 ■ Bingo 5:30 TV Seward County Ukuladies 6:30 ■ Play Scrabble</p>	<p>7 To 8 Pancake Breakfast 8:30 & 9:15 Exercise 10:00 Play UNO 1:30 ■ Lorna's Bridge Club 1:30 Play Pitch 2:30 ■ St. John's Communion 3:15 Play Farkle game 3:30 Brainteasers</p>	<p>8:30 & 9:15 Exercise 9:30 Downtown Seward 🚗 9:30 Ladies' Bible Study with Diane Rare 10:00 TV Play Dominoes for IL & AL 2:00 Play Farkle game 2:00 ■ Welcome New Residents Social 2:30 ■ Sing-A-Long with Ellie 6:00 TV Devotions with Ray & Wes</p>	<p>8:30 & 9:15 Exercise 9:00 Catholic Communion 10:00 Play Golf (A card game) 2:00 ■ Play Cribbage 2:30 ■ Kings in the Corner 3:15 Play Farkle game</p>	<p>Celebrate the Start of a New Year! 8:30 & 9:15 Exercise 10:00 Bible Study with Ken Baldinger 10:30 TV Play Dominoes 1:30 Play Pitch 1:30 ■ St. John's DVD & TV room 2:30 to 3:30 Happy Hour 3:30 Say the Rosary</p>	<p>9:00 Word Search Papers on tables in Exercise room & in IL dining 10:00 ■ Nicodemus, comfort dog 1:30 ■ Play Dominoes 2:30 Play cards 3:30 TV Methodist Service DVD</p>



New Year's Eve Happy Hour

2:30 to 3:30

Independent dining room
Celebrate the start of a New
Year!

'Courage' Is One

How many words can you
come up with using the letters in
"sugar cookie"?

Associate Spotlight



Carla Thompson has a new
position at Kinship Pointe. She
is now the Assistant to our
Executive Director as well as her
Marketing duties.
Congratulations, Carla!

Sleep on Your Side To Stay Sharp

Getting enough sleep is crucial
for a properly functioning brain,
and scientists say the position you
sleep in is important, too.
Research has shown that snoozing
on your side allows the heart to
beat more efficiently, pumping
cerebrospinal fluid around the
brain to filter out waste chemicals
that can otherwise lead to
cognitive conditions like
Alzheimer's or Parkinson's
disease.



"This Month In History"

DECEMBER

1903: Orville and Wilbur Wright fly the first powered airplane. Although each brother flew for less than one minute near Kitty Hawk, N.C., the event signified the beginning of a new form of transportation.

1911: The South Pole is discovered! A team led by Norwegian explorer Roald Amundsen became the first people to reach the elusive South Pole.

1933: The 21st Amendment to the U.S. Constitution is ratified, ending the Prohibition era. It remains the only constitutional amendment to repeal a previous amendment.

1946: Tide detergent, the first heavy-duty laundry soap in the U.S., hits the market.

1956: The Montgomery Bus Boycott ends, and integration of the Alabama city's public bus system is implemented. The civil rights protest was spurred on by Rosa Parks refusing to give up her seat over a year earlier.

1967: The coldest game in NFL history is played in Wisconsin between the Green Bay Packers and the Dallas Cowboys. With a thermostat reading of 13 degrees below zero and a wind chill of minus 47, the referees weren't even able to use their whistles, as the metal would freeze to their lips.

1980: Detective drama "Magnum, P.I." debuts on television, making Tom Selleck—and his iconic mustache—a star.

2017: Astronauts on the International Space Station have the first pizza party in space.