



"This Month In History"

NOVEMBER

1929: Movie star turned Princess of Monaco, Grace Patricia Kelly is born on Nov. 12. She was an iconic actress during the Golden Age of Hollywood and an advocate for children in the arts.

1930: The Bank of Italy in San Francisco changes its name to the Bank of America. Currently, the financial company is the second-largest banking institution in the United States.

1942: In the midst of World War II, the minimum age for the U.S. military draft is dropped from 21 to 18. This

quickly brought out supporters of lowering the legal voting age, too, with the phrase "Old enough to fight, old enough to vote."

1960: John F. Kennedy becomes the youngest person to be elected U.S. president.

1989: The fall of the Berlin Wall occurs on Nov. 9. With the literal destruction of the wall, the figurative "Iron Curtain" between the U.S. and the Soviet Union was dissolved as well, ending the Cold War.

1994: Returning to the ring after a 10-year retirement, George Foreman wins the world heavyweight boxing championship—the oldest ever to earn the title, at age 45. "Big George" still holds the record.

2011: The creative video game Minecraft is released. It has since become the bestselling video game in history, with 140 million active players.

2022: The global population reaches a new high of 8 billion people.



KINSHIP POINTE

McCook

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★ ★ ★ Veterans Day ★ ★ ★

Veterans Day on Nov. 11 is your chance to recognize and thank those who have served our country.

We will be celebrating our community veterans with a program on Friday, November 10th at 2:00 p.m. with Dick & Ann Trail as our speakers. God Bless America!



Karen Christner enjoying fall craft time

Thanksgiving Walk

Feeling stuffed after the feast is part of what Thanksgiving is all about! But before you settle on the couch to watch football or take a nap, go for a quick walk. Even a stroll as short as 15 minutes will regulate blood sugar levels and help you digest that heavy meal. And the healthy group activity provides more opportunities to bond—it could be your new holiday tradition!

November 2023



Resident Birthdays

Cecilia Koch- 2nd, Shirley Nothnagel- 3rd
 Kay Martin- 6th, Carol Berryman- 13th
 Grace Carse- 14th, Betty Harms- 17th
 Margie Martin- 18th, Elizabeth Barker- 25th
 Veda Kemper- 29th Helga Binkey- 30th

Associate Birthdays

Kathy Sharvin- 9th
 Erica Johnson- 13th Miranda Payton- 17th



We participated in the Community Hospital's Cancer Awareness Window Decorating Contest!