

WISHING YOU ALL THE
LUCK IN THE WORLD ON THIS

St. Patrick's

DAY!

"This Month In History" MARCH

1912: The first parachute jump from a moving airplane takes place. U.S. Army Capt. Albert Berry made the leap over St. Louis, Mo.

1936: The Hoover Dam is complete! After five years of construction, the dam spanning the Colorado River between Arizona and Nevada was able to begin creating hydroelectric power.

1941: Nashville, Tenn., becomes the home of the first FM radio station. WSM-FM was a commercial station for the National Life and Accident Insurance Company.

1958: Elvis Presley enters the U.S. Army. Already a rock 'n' roll star, he remained an active duty soldier for two years.

1964: The first Ford Mustang rolls off the production assembly line.

1977: Scientists discover that Uranus has rings, like its fellow planet Saturn. Dark in color, the rings were only seen because a star blinked repeatedly as the planet's rings passed in front of it.

1981: President Ronald Reagan is shot and wounded in an assassination attempt. At the hospital, Reagan reportedly joked to his wife, "Honey, I forgot to duck."

1998: "Titanic" becomes the highest-grossing movie in box office history, earning over \$2.2 billion worldwide. It was later surpassed by "Avatar" (2009) and "Avengers: Endgame" (2019).

2005: The PlayStation Portable handheld gaming console debuts in North America. In five years, 17 million PSPs were sold in the U.S. alone.



KINSHIP POINTE

McCook

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March 2023



Residents and staff are all dressed up for Valentine's Day!

Daylight Saving Shut-Eye

Most of the nation will spring forward on Sunday, March 12, when daylight saving time begins. According to research, the average person loses about 40 minutes of sleep on the first night after the time change begins. To avoid being groggy Monday and to help your internal clock adjust, experts suggest going to bed a little earlier than usual starting several days before the change.



Wake With Cheer

"Hope sleeps in our bones like a bear waiting for spring to rise and walk." —Marge Piercy



Resident Birthdays

Scott Gibson-1st Barbara O'Dea-2nd
Pat Schmid-2nd Arda Latta-7th
Jack Hook-11th Darlene Russell-21st
Carol Kelley-23rd Cheryl Hamrick-23rd

Associate Birthdays

Teresa Faith-6th Deb Hofer-17th
Jennifer Koetter-21st Kristy Latimer-21st



Beth Siegfried and resident Ethyl Siegfried enjoy the evening at our "Friends & Family Soup & Pie Supper!"