



## "This Month In History" AUGUST

**1907:** UPS is founded as a messenger service by two teenagers in Seattle. It's now one of the world's largest package delivery companies.

**1913:** Stainless steel is invented by Harry Brearley of England.

**1946:** The first U.S. coin honoring an African American is authorized for minting. A commemorative half dollar was designed to pay tribute to educator Booker T. Washington.

**1959:** President Dwight D. Eisenhower signs an official proclamation admitting Hawaii as the 50th U.S. state.

**1969:** Half a million people gather at a farm in upstate New York for the Woodstock music festival. The landmark three-day event featured more than 30 artists and bands.

**1990:** MLB history is made when Ken Griffey Sr. and Ken Griffey Jr. become the first father and son to play on the same team, the Seattle Mariners.

**2005:** Hurricane Katrina forms in the Atlantic and makes landfall along the Gulf Coast, devastating the region.

**2020:** The music video of the hit song "Dynamite," by Korean boy band BTS, sets a record on YouTube as the first video with over 100 million views in its first 24 hours.



# KINSHIP POINTE McCook

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August 2021



### Resident Birthdays

Marlene Rogers-1st Bill Gerloff-7th  
Marilyn Rider-13th Robert Eisenach-24th

### A Paws-itive Influence

If you've ever had a pet, you know the special kind of joy they bring to your life. But did you also know that interacting with animals can improve your health and longevity? More and more studies are proving both the psychological and physiological benefits of pet therapy, especially to the senior population.

Interacting with dogs, cats and other animals decreases blood pressure, encourages exercise, and reduces anxiety and depression. And it's not just the furry friends that provide benefits. Birds, fish and other small pets have been shown to reduce loneliness and encourage healthy behaviors.

Recently Kinship Pointe McCook celebrated "Take Your Dog To Work Day!" Our associates were excited to bring their furry family members to the community and spend some time with our residents. All our cute canines were treated with homemade dog biscuits made by the residents and lots of love and cuddles.



Resident Bob Bobinmyer and "Junior."



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